

The Freeze Game

This is an extract from the book of the month in your \$4.95 trial month membership of Dog-Book-of-the-Month-Club. The 1st month topic is “How to Have More Fun With Your Dog”

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This is a popular game with preschoolers, but it can be adapted for dogs quite easily and they love it.

This game is particularly good for active dogs that like to jump as it teaches them some self control and self-discipline and adds well to any obedience training you have already done with your dog.

If you have children, be sure to include them in this game. Your dog will find it much more fun.

When you say “get wild” everyone runs around, you and the dog included. Get crazy, have some fun and let the dog get as crazy as he or she wants (within reason). When you say “freeze!” the dog should stop running around and immediately become still. It might not be immediate and sharp the first time you play the game, or the first few times.

If you have children playing, your dog will begin to follow their lead. Since children love the “freeze” component of this game (as well as the “wild” part), your dog will quickly get the hang of the game.

If there are no children playing, that’s Ok, too. Your dog will still begin to pick up cues from you while the two of you play the game. He’ll get the gist of it in no time.

To extend this to when your dog jumps on people, use the same phrase – “freeze” – when your dog jumps. Before long, he

will understand that it's not OK to be "wild" when people come into the house, and instead he needs to "freeze".

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